

# CERTIFICATE OF PARTICIPATION

This is to certify that

**James Cowie**

Has successfully participated & completed the  
**15km Riesling Run Run Theuniskraal Trail Run**  
held at Theuniskraal Wines.

**TIME 01:55:41**

**PACE 07:42/km**  
**OVERALL 19 of 71**

**GENDER 14 of 28**  
**40 - 49 4 of 6**

24 June 2023, Sat

Date



*BoutTime*

Signature

